March 3, 2024 The Third Sunday of Lent REDEENSEWAL

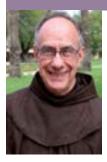
The Franciscan Renewal Center • Peace. Renewal. Good.



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photo by: Samad Deldar

PASTORAL REFLECTION



We have begun the Season of Lent. Traditionally, Lent is a time of prayer, fasting, and almsgiving in preparation for the Season of Easter.

The prophet Isaiah (58: 1-9) offers us a challenge as to the

kind of fast the Lord wishes us to be about. These action-oriented works of charity are designed to strengthen and heal relationships.

Somewhere along the way, I came across the following Lenten Disciplines. I offer them as a possible way to help us during this Season.

- Fast from judging others; Feast on Christ dwelling in them
- Fast from fear of illness; Feast on the healing power of God
- Fast from words that pollute; Feast on speech that purifies
- Fast from discontent; Feast on gratitude
- Fast from anger; Feast on patience
- Fast from pessimism; Feast on optimism
- Fast from negatives; Feast on alternatives
- Fast from bitterness; Feast on forgiveness
- Fast from self-concern, Feast on compassion
- Fast from suspicion; Feast on truth
- Fast from gossip, Feast on purposeful silence
- Fast from problems that overwhelm; Feast on prayer that sustains.

Happy and Blessed Lent,

In Page & Pall Afr

Fr. Page Polk, OFM Rector

The Conventual Church of

Our Lady *of the* Angels

at the Franciscan Renewal Center		
Sunday Mass	Saturday	4:00 pm
	Sunday 7:30 am; 9:	15 am; 11:00 am
Daily Mass	Monday – Friday	8:00 am

Sat. 4 pm, Sun. 9:15 am, and Monday – Friday Daily Mass also available on <i>YouTube.com/theCasaFRC

2nd & 4th Wedne	esday 7:00 pm
Saturday	2:00 - 3:00 pm
Sun. – Sat.	6:00 am -7:30 pm
1st Friday	6:00 pm
Sun. Mon. Tue. – Thu.	8:00 am - 1:00 pm Closed 10:00 am - 2:00 pm
Fri. Sat.	10:00 am - 6:30 pm 11:00 am - 5:30 pm
	Saturday Sun. – Sat. 1st Friday Sun. Mon. Tue. – Thu. Fri.

Please see pg. 10 for this week's Mass Intentions. For weekly readings, visit <u>https://bible.usccb.org/bible/readings/030324-YearA.cfm</u>.

Our Lady of the Angels Church Pastoral Staff

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Visit: thecasa.org/about-the-casa for all board members and bios				

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LITURGY CONNECTION

Lent Reconciliation

Lent is a good time to celebrate the beautiful Sacrament of reconciliation: the proclamation of God's great love for us — through forgiveness.

Every Saturday – 2 – 3pm (No confessions on Sat. March 30)

Thursday, March 7	6 – 7 pm
Tuesday, March 12	2 – 3 pm
Friday, March 15	2 – 3 pm
Tuesday, March 19	3 – 4 pm
Friday, March 22	12 – 1 pm
Wednesday, March 27	2 – 3 pm

Hospitality Ministers Needed for Holy Week

With Holy Week approaching, volunteers are needed to help serve during this very important and busy time. Hospitality is so very important we want to offer a sincere welcome and assistance to all who gather here, and help is greatly needed and appreciated. If you can help with greeting worshipers, handing out worshiping aids and bulletins, assisting with the collection, and guiding the faithful to communion etc., please sign up after Mass in the Hospitality Area, or call Rosa in the Liturgy Office.

Would you like to help in other ways with our Holy Week liturgies?

- Eucharistic Ministers
- Carrying the cross on Palm Sunday
- Setting up chairs outdoors for the liturgies

Please call Rosa in the Liturgy Office: 480.355.5642

Wednesday, March 20, 2024 ~ 7 pm

Wondrous Love

"This is love: not that we loved God, but that God loved us." (1 John 4: 9-10)

Please join the Casa Choir and musicians for this beautifully moving musical event. With God's incomparable love as the central theme, "Wondrous Love" recounts the earthly life and ministry of Jesus, which ultimately led Him to a path of sacrifice and death on a cross — and then the resurrection. Familiar melodies and poignant narration provide a compelling rendition of the Passion story of Jesus. All are welcome to this free event.

Holy Week 2024

- Palm Sunday March 24, 2024 (outdoors) Masses at 7:30 am & 10 am. No Sat. Mass.
- Holy Thursday March 28, 2024 Mass of the Lord's Supper at 7 pm (church)
- Good Friday March 29, 2024 Stations of the Cross at 12 noon (outdoors) Celebration of the Lord's Passion at 3 pm
- Holy Saturday March 30, 2024 The Easter Vigil at 7:30 pm (in the church)
- Easter Sunday Mass March 31, 2024 6:45 am, 8:45 am, and 11 am (outdoors)

Director of Liturgy & Music Assistant Director of Liturgy & Music Executive Assistant to the Liturgy Office Norbert Zwickl Richard Guerra Rosa Rodriguez-Saiz norbert@thecasa.org richard@thecasa.org rosa@thecasa.org 480.355.0346 480.355.0347 480.355.5642

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FAITH FORMATION

Whole Community Ministry



WHOLE COMMUNITY SERVICE DAY Sunday, March 10

Two Great Opportunities to Serve Those in Need!





Sacrament Preparation Ministry

For adults, teens, children & their families preparing for Baptism, Confirmation, Reconciliation & Eucharist

- Infant Baptism: For more information about infant baptism preparation, contact <u>cheryl@thecasa.org</u>
- OCIA (Order of Christian Initiation of Adults): Session 13 is Thursday, 3.7.24 at 7 pm in the Liturgy Room.
- OCIT (Order of Christian Initiation for Teens): We meet this coming Thursday, 3.7.24 | 7 – 8:30 pm
- Year One Sacrament Preparation: First Reconciliation Liturgy | Sunday, 3.17.24 | 10 am in the church
- Year Two Sacrament Preparation: Confirmation: Session Two | Sunday, 3.3.24 | 10:30 am – Noon | Piper Hall, Garces Room

Family Ministry

For families with children - birth to 6th grade

- **Children's Liturgy of the Word:** Every Sunday at the 9:15 am Mass! Children ages 6-12 may come forward to be dismissed each week for age-appropriate reflection on the Readings.
- Family Ministry Table in Hospitality | Theme: Holy Week & Easter | Sunday, March 10, 2024 | After all the Sunday morning Masses.

• Young Family Sunday | Sun, March 10 |



unday | Sun, March 10 | Opportunity for families with children from birth to 5 years old. Playtime — Stories of Faith — Making Friends. For more information, email <u>cheryl@thecasa.org</u>

Fred Mercadante, Director of Faith Formation: <u>fred@thecasa.org;</u> Donna Kinzie, Sacrament Preparation, Family Catechesis: <u>donna@thecasa.org;</u> Cheryl Hentz, Youth, Young Adult, Young Family & Infant Baptism: <u>cheryl@thecasa.org</u>. Page 4 • RENEWAL • <u>thecasa.org</u>

FAITH FORMATION

Young Adult Ministry

For young adults – 20's & 30's

Friday, March 15, 6:30 pm Young Adults | Dinner | Conversation For more information, email <u>cheryl@thecasa.org</u>



Please use this QR Code to RSVP

In Spotlight

Meet our new Youth Minister in Training!



Vincenzo Torsiello

To find out how to get involved, visit our Casa Faith Formation Online Portal: www.casafaithformation.org



DISCOVER THE VISION A one-hour introduction to the Casa's mission and ministries.

Friday

March 8 11:00 am

Thursdays

April 4 11:00 am

May 2

11:00 am

Reserve Your Spot Today

online: <u>thecasa.org/</u> <u>discover-the-vision</u>

phone: 480.355.5631
email: rsvp@thecasa.org

ART DOCENT TOURS *Explore the Art of the Casa*

thecasa.org/art-docenttours

1st & 3rd Wednesday 11:30 am - 12:30 pm

1st & 3rd Sunday 12:30 – 1:15 pm

Registration Required

online: <u>thecasa.org/art-</u> <u>docent-tours</u>

email: churchtours@thecasa.org

phone: 480.948.7460



Director of Development Development Manager Development Manager Page 5 • RENEWAL • <u>thecasa.org</u> Amy Jo Hutchison Heidi Dwigun Paula A Tobin amyjo@thecasa.org <u>heidi@thecasa.org</u> paula@thecasa.org 480.355.5634 480.355.5630 480.355.5631



Lenten Food Drive for Society of St. Vincent de Paul Sunday Morning, March 10 7 am –12:45 pm

Food donations accepted only on this date and time.

Donate shelf-stable items to help keep their food bank shelves filled. Items such as canned tuna or chicken, peanut butter (in plastic jars), boxed macn-cheese and canned vegetables (low sodium), etc. Collection Locations: FRC-EAST Parking and FRC-WEST Parking Lots.

Also, a large bin will be available near the Bookstore for the 4 pm Saturday Mass, and before the Sunday 7:30 am Mass.

Flyer with ALL details found on **FIA LinkTree** at: <u>https://tr.ee/ataLiu9xs-</u>

Want to help out/volunteer for the food drive? Contact <u>hungeraction@thecasa.org</u> or sign-up at this link: <u>http://tinyurl.com/4ycfvtdh</u>



Just Scripture Virtual Conversation: Saturday, March 9 10 – 11:30 am

We consider biblical issues of justice and mercy that impact our world today and talk about how the Sunday readings connect with daily life. Discussed from a perspective of Franciscan values, *Just Scripture* (*JS*) occurs *on Zoom* on the second Saturday of each month, **10 – 11:30 am.**

To register, please visit the FIA LinkTree. The session is free. No previous study of Scripture is needed. Contact Kathleen Garast <u>kgarast@aol.com</u> for the JS readings that will be discussed.

All are welcome.

Café Justo Selling after Mass March 9 &10



Try our delicious, fair-trade, organic, shade-grown, recently roasted (fresh) coffee. The cost of the coffee is \$10 per one-pound bag.

Your purchase helps families in the Cafe Justo Farmers' and Roasters' Cooperative continue to work their ancestral lands and support and educate their extended families.

Anytime: Find the most popular varieties of Café Justo available at these two venues on campus: • The *Books and Blessings* Gift Shop • The FRC Lobby *Guest Services Desk.*

We need you! *To join this ministry and become part of the after-Mass selling team, contact casagrounds@thecasa.org.*



Register Now! Franciscan Lenten Conversations: St. Marianne Cope

Two Mondays of mid-Lent on Zoom. March 11 and March 18, from 6:30 – 8:15 pm Fee is \$10

We will use readings from the "Lent 2024 with Saint Marianne Cope Daily Reflections" booklet, published by Franciscan Media. If the weeks have slipped by or if your Lenten practice needs refreshed, take advantage of this opportunity. Our time together will include contemplative prayer, reading Scripture, and conversation.

Register now at frc.retreatportal.com

Link to registration: <u>http://tinyurl.com/mr3c6ux3</u>. Learn more about St. Marianne on the detailed flyer found here: <u>https://tr.ee/e6UYHehJiq</u>.

Co - Manager, Faith in Action	Victor Jaimes	<u>victor@thecasa.org</u>	480.306.4027
Co - Manager, Faith in Action	Laura Libertore	<u>laura@thecasa.org</u>	480.355.5645
For volunteer opportunities and FIA events, visit: <u>linktr.ee/socialconcerns</u>			

COMMUNITY CONNECTION

In the fall of 2022, Pope Francis released his *Laudato Si'* Action Platform, saying everyone's talents and involvement are needed to respond to this planet's many environmental and human crises. He called on all Catholic organizations to become intentional and create new endeavors. The FRC staff took that directive to heart this past year and created an action plan. In May, each department submitted projects that responded to one of the seven goals found in *Laudato Si'*. Below is an assortment of those that have been implemented.

• The Liturgy department researched and added songs that focused on caring for God's creation and our brothers and sisters around the world.

• Faith Formation committed to less single-use products during programs and purchased reusable plates, cups, and napkins.

• Liturgy and Communications departments researched and committed to using paper from sustainable forestry practices. You may have seen the symbol on the weekly worship aid. All departments worked to use less paper, period!

- Faith in Action Ministry decided to use the Laudato Si' themes in their monthly ministry team prayers.
- The Kitchen staff began composting its food preparation waste using the company Recycled City.
- The Facilities department applied decals to deter birds from flying into our large windows.

In January, the departments reported on their projects and committed to continuing and expanding this work in 2024. The new solar panels are a part of that commitment. We believe that Pope Francis is giving us a high-five. What new commitment could you make this year?

-Patti Sills-Trausch, Mission Integration and Special Projects



Ryan Sheade, LCSW, Director of Therapy, Support, and Counseling email: counseling@thecasa.org phone: 480.948.7460, ext. 134

EDUCATION, RETREATS, AND EVENTS — Pre-registration required.



Holy Week 2024, Theme: Questions Around the Table Part I: March 23 – 27, Saturday – Wednesday Part II, The Paschal Triduum: March 28 – 31, Thursday – Sunday Fr. Greg Friedman, OFM This retreat will focus on Jesus' Last Discourse in John's Gospel-what Fr. Greg likes to call "The World's Longest After-Dinner Speech."

For fees and registration information, visit: frc.retreatportal.com

RETREAT



RETREAT A Brush with God

April 11 – April 14, Thursday – Sunday

Peter Pearson, MDiv & ThD

During our time together, we will paint the image of Christ, the Gardener and Lord of the Harvest. We'll follow the traditional, step-by-step process of Byzantine iconography in a prayerful atmosphere. No previous experience or innate talents are required. Come, learn to make a brushstroke your prayer and give yourself to an ancient way of proclaiming the gospel in color and lines.

Fee, incl meals: \$600 single room; \$400 commuter. Register: frc.retreatportal.com

CLASS — NEW! The Seven Dynamic Ways of Prayer Thursdays: April 18 & 25, May 2 & 9; 6:30 - 8:30 pm

Elizabeth Welles

A four-week experiential exploration crafted to deepen your spiritual journey and designed to illuminate the intimate and powerful nature of prayer in both individual and collective realms. Through this class, we recognize that prayer transcends mere rote ritual. Bring your heart and a willingness to embrace the silent places within that long to be heard, allowing for communion with Spirit and your Divine Intuition.

Fee: \$140 per person, includes materials. Register: frc.retreatportal.com

WORKSHOP — NEW!

A Bowl of Endless Light April 20, Saturday | 9 am – 4 pm

Megan McKenna

Stories of Forgiveness, Reconciliation, and Repair. We will use stories from around the world, and the Scriptures. There will be reflection and discussion. The group will do the theology with the Word of the Scriptures, and stories to get folks wondering, asking questions, and responding with one another for conversion and new ways of forgiving, reconciling, restoring holiness and repairing our world.

Fee, incl lunch: \$75 per person. Register: frc.retreatportal.com

To see all of our upcoming programs and to register, please visit <u>frc.retreatportal.com</u>. Registration can also be made by visiting or calling our Guest Services Desk, or emailing lora@thecasa.org.



EDUCATION, RETREATS, AND EVENTS — Pre-registration required.



WORKSHOP — NEW! Introduction to the Enneagram April 20, Saturday | 9 am – 4 pm

Rev. Andrea Andress

Have you ever wondered, "Why does that person act that way?" or "Why did I do that? That's not really me." Led by Rev. Andrea Andress, Spiritual Director and Certified Enneagram Teacher, this program explores the Enneagram Personality Profile—an engaging, insightful tool you can use to help make your life more fulfilling and less painful. As a powerful tool for spiritual formation, it helps you see yourself and others in the light of how life is instead of just how you want it to be.

Fee, incl lunch: \$75 per person. Register: frc.retreatportal.com



RETREAT

Divorced and Separated

May 17 – 19, Friday – Sunday

Judith McHale, MA, LPC and Tom Mitchell, Ph.D.

While we would like to think that time heals, it is truly insight that helps us understand what is needed to renew, restore, and rebuild after our relationship ends. This weekend retreat will help you live through the end of your relationship and show you how that ending can be an opportunity for personal growth, healing, and even joy.

Fee, incl meals: \$300 single room; \$150 commuter. Register: <u>frc.retreatportal.com</u> Email <u>lora@thecasa.org</u> for information on doubles.

RETREAT

Grief and Loss June 7 – 9, Friday – Sunday

Timothy Ringgold, MT-BC

Anyone who has known the joy of love has most likely experienced the pain of loss. Grief is a natural part of life, yet we often need help to find our way through it. Tim Ringgold provides a supportive setting where you will gain new insights into the grief process and discover ways to heal and move forward.

Fee, incl meals: \$250 single room; \$135 commuter. Register: frc.retreatportal.com



WORKSHOP — NEW! The Rosary Workshop

May 4, Saturday | 9:00 am - Noon

Elizabeth Marietti and James Peck

The Rosary is what Pope Francis calls a "simple contemplative prayer, accessible to all." Yet many Catholics struggle to understand and connect with the Rosary. This seminar reaches out to those seeking to learn the spiritual depth of the Rosary with the guidance of Saint John Paul II, who implored the Church to rediscover "a prayer so easy and yet so rich."

Fee: \$25 per person. Register: frc.retreatportal.com

To see all of our upcoming programs and to register, please visit <u>frc.retreatportal.com</u>. Registration can also be made by visiting or calling our Guest Services Desk, or emailing <u>lora@thecasa.org</u>.

Spiritual Direction Ministry



An Invitation to Spiritual Growth

Our Spiritual Direction Ministry offers one-on-one listening and support for finding God in our lives and deepening that relationship. Spiritual direction or

Spiritual direction or companionship is not counseling, it is holy listening and discernment

of God's voice in our lives. To set up an appointment with one of our directors, contact Cathy Olds, Coordinator of the Spiritual Direction Ministry, at <u>spiritualdirection@thecasa.org</u>

Faith Sharing & Prayer Groups at the Casa

Centering Prayer meets Wednesdays, 8:45 am in the Meditation Chapel. All are welcome.

Contemplation in the Desert gathers in the Healing Garden on Monday at 11 am. <u>CareforCreation@thecasa.org</u>

Cornerstone Contemplative Meditation Wednesdays, 11:30 am – 12:30 pm. We are located in the Spiritual Direction room between the Guadalupe and TK conference rooms. Joanne Rapp: joannemr@ cox.net

Interfaith Healing Prayer Group meets every Friday following 8 am Mass in the back of the church. Contact Terri at <u>healingprayer@thecasa.org</u>. All are welcome.

Men in Spirit. Christian men meet on the first Saturday of the month at 8 am for breakfast in the dining room, followed by discussion. Zoom available. Steve Hempelman 602.821.7178. meninspirit@thecasa.org

Prayer Partners petition prayers and prays for our human family. Send requests to: <u>casaprayerpartners@thecasa.org</u>.

Rosary Group Meets Tuesdays at 6 pm in the Meditation Chapel. Requests for meeting information and prayer intentions contact: rosary@thecasa.org

The Order of Secular Franciscans (OFS) Peace Fraternity meets on the second Sunday of the month. This canonical Order of the Catholic Church is open to lay Catholics. Contact: John Elder, OFS, at johncelder@gmail.com or 480.580.7750.

Mass Intentions March 3 – March 9, 2024

Sunday Virginia Mae Hinkel Garvis Jean Williams Ronald Schock	7:30 am 9:15 am 11:00 am
Monday Janice Jamail	8:00 am
Tuesday Michael Hilbert	8:00 am
Wednesday Jim Egide	8:00 am
Thursday Steve Prenovost	8:00 am
Friday Judy Bruzza	8:00 am
Saturday Kathy Croft	4:00 pm

The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

About the Franciscan Renewal Center

The Franciscan Renewal Center ("the Casa") is a place for spiritual growth, healing, and community that is open to everyone, regardless of faith. Activities at the Casa include:

- Weekday (Mon. Fri.) and Weekend Masses at Our Lady of the Angels Church
- Meetings and conferences for religious and nonprofit groups
- Therapy, counseling, and support groups
- Education, retreats, and events
- Family faith formation and Young Adult ministry
- Volunteer ministries in service of the poor and vulnerable
- Spiritual direction

The Franciscan Renewal Center was founded as a Catholic retreat, called Casa de Paz y Bien (the Casa), by the Order of Friars Minor in 1951. It remains an active religious community that seeks to follow in the footsteps of Saints Francis and Clare of Assisi. The Casa works cooperatively with the Diocese of Phoenix.



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