October 5, 2025 Feast of Saint Francis of Assisi

# RENEWAL





5802 East Lincoln Drive Scottsdale, Arizona 85253 480.948.7460 phone TheCasaFRC on social media thecasa.org
All are welcome.

#### PASTORAL REFLECTION



Dear Holy People of God,

On this feast of Saint Francis, we are invited to look beyond the popular image of the gentle man surrounded by animals or standing at a birdbath. Francis was not simply a romantic dreamer who loved nature—he was a man who wrestled deeply with his

vocation, his pride, and his dreams. Born into wealth, Francis longed for glory. He wanted to be a knight, a hero in the eyes of his society. One night in a dream, he found himself in a palace filled with weapons. A voice asked, "Francis, who do you want to serve—a servant or a master?" He quickly replied, "The master." Then the voice challenged him: "Why do you spend your time serving a servant?" That moment pierced his heart and planted the seed of his true calling.

Later, as he prayed before the crucifix in the ruined church of San Damiano, he heard Jesus speak: "Francis, go and rebuild my house." It was not a command to patch up old stones, but to renew the Church itself—a daunting task that required letting go of riches, honor, and comfort. Francis embraced the call with radical simplicity, showing us that true greatness is found in serving Christ with everything we have.

Like Saint Francis, we too are tempted to chase after the "servants" of this world: money, status, success or even our own ego. But the Lord gently reminds us to serve the true Master. Every time we choose love over selfishness, forgiveness over anger, and sacrifice over comfort, we too rebuild His house.

Happy feast of Saint Francis,

Father Vincent Nguyen, OFM

Vice-Rector

The Conventual Church of

## Our Lady of the Angels

at the Franciscan Renewal Center

**Sunday Mass** Saturday 4:00 pm

Sunday 7:30 am; 9:15 am; 11:00 am

Monday - Friday **Daily Mass** 8:00 am

Sat. 4 pm, Sun. 9:15 am, and Monday - Friday Daily Mass also available on YouTube.com/theCasaFRC

Taizé Prayer		1st Wednesday	7:00 pm
Reconciliation	n	Saturday	2:00 - 3:00 pm
<b>Guest Services</b>	S	Sun. – Sat.	6:00 am -7:30 pm
Adoration		1st Friday	6:00 pm
Bookstore		Sun.	8:00 am - 1:00 pm
DOORSTOLE		Mon.	Closed
		MOII.	Closed
		Tue Thu.	10:00 am - 2:00 pm
		Fri.	10:00 am - 6:00 pm
		Sat.	11:00 am - 5:30 pm
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Please see pg. 10 for this week's Mass Intentions.

Feast Day Readings: Sirach 50: 1, 3-4, 6-7; Ps. 16: You Are My

Inheritance; Galatians 6: 14-18; Matthew 11: 25-30

Our Lady of the Angels Church Pastoral Staff						
Rector						
Fr. Page E. Polk, OFM	fatherpage@thecasa.org	x145				
Vice-Rector						
Fr. Vincent Nguyen, OFM	fathervincent@thecasa.org	x174				
Deacon						
Dcn. Hervé Lemire, OFM Affili	ate <u>deaconherve@gr</u>	mail.com				

#### **Franciscan Renewal Center Executive Administration**

**EXECUTIVE DIRECTOR Charles Brown** casa@thecasa.org x175

### Officers of the FRC Board

Richard Murphy, Secretary Diane Catlin, Chair Linda Christian, Treasurer

Visit: thecasa.org/frc-board-of-directors for all board members and bios

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### The Feast of Saint Francis

The founder of the Franciscan Order and patron saint of the Franciscan Renewal Center celebrated this weekend at all Masses.

We have come to know Saint Francis of Assisi as a man with a keen vision, exquisite sensitivity, a great heart, and a deep commitment to the Gospel of Jesus. Certainly he was someone deserving of a great celebration of his gift to the world. His life of simplicity, love for creation, and care for the poor continues to inspire people of every age and culture, calling us to live more fully in harmony with God, with one another, and with the earth.

# Mass with the Anointing of the Sick Saturday, October 11 at 10:30 am

All are welcome to attend this special Mass.

The Sacrament of the Anointing of the Sick is given to bring God's healing presence to those who are seriously ill, preparing for surgery, or weakened by old age. If it is God's will, the sacrament can bring physical healing. Its primary effect, however, is spiritual healing: the gift of the Holy Spirit, who strengthens the person with peace, courage, and trust in God, helping them to face the trials of illness or the frailty of age with faith.

### The 6<sup>th</sup> Annual Casa Creche Festival December 20 – 21, 2025

This wonderful holiday festival commemorates the Christmas experience of St. Francis of Assisi in the little village of Greccio, Italy — over 800 years ago — when the beloved tradition of the nativity scene first began. In recent years, we displayed hundreds of crèches, or nativity scenes, representing cultures and traditions from around the world. These unique sets are generously loaned by members of the Casa community.

If you would like to be involved with the planning and preparations, email us: <a href="mailto:crechefestival@thecasa.org">crechefestival@thecasa.org</a>



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# Saint Francis of Assisi and the Jubilee Year of Hope

St. Francis lived with total trust in God's care, even in times of poverty and uncertainty.

What would it look like for us to respond to life's uncertainties with that same bold courage and hope?

To St. Francis, every bit of creation pulsed with the beauty and goodness of God.

How might recognizing the sacred in everyday life change the way we relate to the world and to those around us?

The legacy of St. Francis continues to inspire us to sow peace and reconciliation, bridging divisions with disarming humility and joy.

What situations in our families, communities, or world is God calling us to be humble and joyfilled instruments of hope and peace today?

### Pilgrimage of Hope for Creation

Saturday, November 15 | 10 am – 3:30 pm | Sedona, AZ Registration: \$40 per person (Scholarships available)

Registration closes at 50 people or on November 10.



The Diocese of Phoenix is inviting all to embark on a prayerful journey through nature. This November, venture with us to the Chapel of the Holy Cross, one of our Diocese's Jubilee Year pilgrimage sites. The pilgrimage includes a moderate, 2-mile hike from Little Horse Trailhead to the doors at the Chapel of the Holy Cross. We will have stops for prayer and meditation along the trail. The hike itself will take 2 hours. The cost of the pilgrimage includes lunch and transportation through Sedona.

For more information and to register, visit <u>qr.thecasa.org/sedona-pilgrimage</u> or scan the QR code below.



# Casa Fall Food Drive October 18 and 19 | All Masses

Bring shelf stable, non-perishable, unexpired items for St. Vincent de Paul. Flyer and Item List found here: **tr.ee/dhcX1xn3-A** 

Action: volunteer to help with the food drive. Signup here: tr.ee/F0qfCjWjs4

**Action:** organize a small local food drive in your neighborhood or among your family/friends

and bring the items to the food drive. General instructions found here <u>tr.ee/4hC7sdjtcV</u>



### **Service Projects:** Sign-up for service on FIA LinkTree

- Wednesday, October 8: Desert Mission Food Bank (Sunnyslope), 8:45 11 am. Desert Mission Food Bank continues to serve the growing numbers of families, students and seniors experiencing food insecurity in the Sunnyslope area. Help to sort/pack fresh foods and shelf stable items, and also pack supplementary packs. Teens 16+ accompanied by an adult are welcome to volunteer. Also Nov. 5, and Dec. 10.
- Friday, October 17: St Vincent de Paul Kitchen 8:45 11:30 am. Help with the plating of over 10,000 meals daily for dining rooms and shelters throughout Phoenix. Your help with meal prep and plating these meals is saving lives and restoring health and dignity for our unhoused brothers and sisters. Kids 12-13 with an adult and teens 14 and older may volunteer. Also Friday, Nov. 21 and Monday, Dec. 15

### **Your Involvement Matters** | Hunger Action Ministry

For additional information, email hungeraction@thecasa.org

### **FAITH FORMATION**



Donna Kinzie Family Minister

480.355.0344 donna@thecasa.org



Fred Mercadante
Director of Faith
Formation

480.355.0359 fred@thecasa.org



Cheryl Hentz Young Adult Minister

480.306.4817 <a href="mailto:cheryl@thecasa.org">cheryl@thecasa.org</a>



Vincenzo Torsiello Youth Minister

480.306.4334 vincenzo@thecasa.org



Laura Libertore Faith in Action Co-Manager

480.355.5645 laura@thecasa.org



Victor Jaimes
Faith in Action CoManager

480.306.4027 victor@thecasa.org

### CASA TOURS



### **DISCOVER THE VISION**

A one-hour introduction to the Casa's mission and ministries.

### 1st Thursdays of the Month

Upcoming dates:

November 6 11:00 am

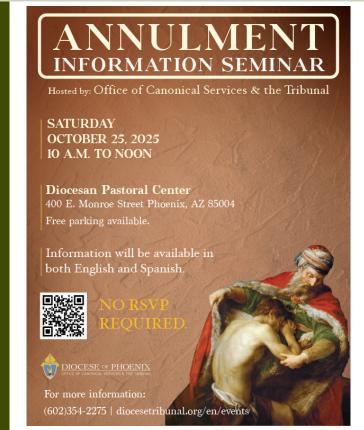
December 4 11:00 am

### **Reserve Your Spot Today**

online: thecasa.org/DTV

phone: 480.355.5631

email: rsvp@thecasa.org



Director of Development Development Manager Development Administrative Associate Christopher Meyer Paula A Tobin Lauryn Moreno christopher@thecasa.org paula@thecasa.org lauryn.moreno@thecasa.org 480.355.5634 480.355.5631 480.355.0345

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### **Blessing of the Animals**

Get your family pet and beloved friend blessed by a friar at the end of the month.



Saturday,
October 25,
9 – 11 am
Guadalupe Lawn
Art by Barb McGuire



### Tabling after Mass Next Weekend

The Casa Habitat for Humanity Ministry



Stop by the Casa Habitat table and chat with members of our team.

We need community members to help build our 26th Habitat Home.

In the fall, we will build alongside St Patrick's Community. New builders are welcome. Age 16 and older. No experience is required to be a Habitat volunteer builder.

Contact: <a href="mailto:thecasa.org">thecasa.org</a>.
Visit FIA LinkTree for ministry flyer/details.

### Habitat: Build a House and Change Lives.

Healing of Memories for Women Veterans

Last Chance to Register
Friday – Sunday,
October 17 – 19



#### Free for Women Veterans

To begin the registration process, contact **Graciela Marroquin** at 509.910.5472 or <u>msqquinn2@gmail.com</u>.

The Healing of Memories Workshop is a major step a person can take to begin the healing journey. It provides a safe place for participants to explore personal histories and gain insight and empathy for themselves and others. Many veterans have kept these feelings buried deep inside themselves, which has been a barrier to healing. As they tell their stories and listen to others, they realize that they share a common human bond, and that we are all wounded in some way by past experiences.

Consider joining the workshop and taking this next step on your journey.



Just Scripture
Virtual Conversation
Saturday, October 11

10 - 11:30 am

We consider Biblical issues of justice and mercy that impact our world today and talk about how the Sunday readings connect with daily life. Discussed from a perspective of Franciscan values, *Just Scripture* (*JS*) occurs *on Zoom* on the second Saturday of each month, **10 – 11:30 am.** 

To register, please visit the FIA LinkTree. The session is free. No previous study of Scripture is needed. Contact Kathleen Garast at kgarast@aol.com for the JS readings that will be discussed.

### All are welcome.

Co - Manager, Faith in Action Victor Jaimes <u>victor@thecasa.org</u> 480.306.4027
Co - Manager, Faith in Action Laura Libertore laura@thecasa.org 480.355.5645

For volunteer opportunities and FIA events, visit: linktr.ee/socialconcerns

### COMMUNITY CONNECTION



In the fall of 1951, when Phoenix was a modest city of 107,000, the friars set out in search of a home. Many sites were visited, yet none stirred their hearts. Discouraged but trusting in God's providence, they stopped for lunch. A simple roadside sign for the Kachina Lodge caught their eye. Stepping inside for a humble ham sandwich, they discovered more than a meal—they discovered a future. By the end of that visit, they made an offer, and a sacred story began to unfold.

Decades later, on October 4, 2017, we celebrated the Rite of Dedication of Our Lady of the Angels Conventual Church. That day was the culmination of countless prayers, sacrifices, and generous hearts. Families stretched their means, volunteers offered hours of labor, and together we dreamed a dream into being. Even in moments of differing opinions, love, respect, and shared purpose prevailed. Our vision of intimacy, simplicity, beauty, and authenticity became reality.

Today, that same spirit burns brightly. Rooted in Franciscan values, we face the future with courage and hope. For 74 years, God's grace has guided us; and now, with you, the story continues.

We inspire belonging and intentional faith. We deepen our mission together. We secure the gifts entrusted to us. We honor our campus as holy ground.

We are part of the 800-year Franciscan movement—joyfully serving the Church and the world. Come walk with us. The journey is not finished. The best is yet to come.

—Charles Brown, Executive Director

Therapy, Support, and Counseling Ministry (TSCM) <a href="mailto:thecasa.org/tscm">thecasa.org/tscm</a>

### One-on-One Therapy for 18+

Available by appointment.

### **Grief and Loss Support Group**

Second Wednesday of Month | 5:30 – 7 pm Facilitator: Joyce Brimhall, LCSW

Donations are suggested. No one is turned away for lack of funds.

For an immediate crisis, please call 911 or the Maricopa County Crisis Line at 602.222.9444.

Ryan Sheade, LCSW, Director of Therapy, Support and Counseling Ministry. **counseling@thecasa.org** 

### Books and Blessings Gift Shop

at the Franciscan Renewal Center Teresa & Craig Abernethy, Proprietors

For store hours see page 2.

Visit our website:
booksandblessingsgiftshop.com



### THE FRANCISCAN VISION LECTURE SERIES

**Sunday, October 12, 9 – 10:30 am | Auditorium** "A Franciscan Vision for Being Human from St. Clare" with Sr. Juliet Mousseau, RSCJ, PhD

For more information and a listing of future programs, visit: <a href="fc.retreatportal.com">fc.retreatportal.com</a>

Ryan Sheade, LCSW, Director of Therapy, Support, and Counseling email: <a href="mailto:counseling@thecasa.org">counseling@thecasa.org</a> phone: 480.948.7460, ext. 134

EDUCATION, RETREATS, AND EVENTS — **Scholarships** are available by contacting the front desk or emailing lora@thecasa.org.



RETREAT

Grief Retreat Part II
October 10 – 12, Friday – Sunday

Timothy Ringgold, MT-BC

This grief retreat is open to all who have attended the Casa's Grief & Loss Retreat at any time in the past. We will build on the themes of the first retreat related to the elements of grief, healing, and the holidays, all inside a safe, loving community that "gets it."

Fee, incl. meals: \$250 single room; \$135 commuter. Register: <a href="frc.retreatportal.com">frc.retreatportal.com</a>



### **CLASS**

**Synergy Oasis Yoga** 

Tuesdays: Oct. 14 - Nov.18 | 11 am - 12:15 pm

Suzanne Brier, CYT, BFA

Discover a gentle, inclusive self-care experience with yoga-based movement, breathwork, and guided imagery. Calm your nervous system, build strength and balance, and reconnect with your body in a way that feels nurturing and freeing.

Fee: \$90 for six-week session. Register: frc.retreatportal.com



### RETREAT

**Broken and Blessed** 

October 31 - November 2, Friday - Sunday

Marianne Gouveia and Greg Eckerman

This compassionate retreat offers hope and healing to adults grieving the loss of a loved one to suicide. Through prayer, ritual, guided reflection, and community, participants will explore grief, find comfort in God's mercy, and begin to reconcile deep pain. All faiths are welcome.

Fee, incl. meals: \$250 single room; \$150 commuter. Register: <a href="frc.retreatportal.com">frc.retreatportal.com</a>



### **RETREAT**

Oasis of Boundless Compassion Retreat

October 31 – November 2, Friday – Sunday

Karia Lee Basta

Step away from the noise of daily life and enter a space of calm, reflection, and renewal. Through the wisdom of Joyce Rupp's Boundless Compassion, you'll deepen your awareness of God's compassionate presence—with others, with yourself, and with the world around you.

Fee, incl. meals: \$325 single room; \$175 commuter. Register: <a href="frc.retreatportal.com">frc.retreatportal.com</a>

To see all upcoming programs and to register, visit <u>frc.retreatportal.com</u>. Registrations can also be made by visiting or calling our Guest Services Desk, or by emailing <u>lora@thecasa.org</u>.

EDUCATION, RETREATS, AND EVENTS — **Scholarships** are available by contacting the front desk or emailing <u>lora@thecasa.org</u>.



### **WORKSHOP**

# Humming the Holiday Blues When You Want to Be Singing "Joy to the World"?

Wednesday, December 3 | 6:30 - 8:30 pm

Christine Dove

We will gently acknowledges the sadness, loss, and longing this season can bring. Together, we'll create space to share our stories, honor what we're missing, and find comfort in community and healing.

Fee: \$40. Register: frc.retreatportal.com



### **RETREAT**

### **Emmaus Retreat for Grieving Parents**

**December 5 – 7, Friday – Sunday** 

Marianne Gouveia and Greg Eckerman

The Emmaus Ministry offers a faith-based weekend for parents grieving the loss of a child, no matter the age, cause, or how long ago the loss occurred. Through prayer, reflection, and shared understanding, parents are gently guided to explore their grief, seek healing, and find hope in the promise of eternal life.

Fee, incl. meals: \$250 single room; \$135 commuter. Register: frc.retreatportal.com



### **WORKSHOP**

# Experiencing God in Christmas Movies Saturday, December 20 | 9 am - 4 pm

Fr. Rick Malloy, SJ

God communicates to us through all of created realities. Fr. Rick Malloy, S.J. will lead us in praying through popular Christmas movies and help us experience the Advent of Emmanuel appearing to us through the medium of films that touch our hearts and enlighten our minds.

Fee, incl lunch: \$75. Register: frc.retreatportal.com



### **RETREAT**

New Year's Retreat

December 30 - January 1, Tuesday - Thursday

Peter Pearson, MDiv, ThD

The start of a new year is more than fresh calendars and fleeting resolutions—it's a chance to reflect on where you've been, where you're going, and what truly matters. Step away from the busyness, take time to breathe, and begin the year with intention, clarity, and a renewed sense of purpose.

Fee, incl. meals: \$325 single room; \$175 commuter. Register: frc.retreatportal.com

To see all upcoming programs and to register, visit <u>frc.retreatportal.com</u>. Registrations can also be made by visiting or calling our Guest Services Desk, or by emailing <u>lora@thecasa.org</u>.



# An Invitation to Spiritual Growth

Our Spiritual Direction Ministry offers one-on-one listening and support for finding God in our lives and deepening that relationship. Spiritual direction or companionship is not

counseling, it is holy listening and discernment of God's voice in our lives.

To set up an appointment with one of our directors, contact Cathy Olds, Coordinator of the Spiritual Direction Ministry, at <a href="mailto:spiritualdirection@thecasa.org">spiritualdirection@thecasa.org</a>.

### Faith Sharing Groups at the Casa

**Centering Prayer** meets Wednesdays at 8:45 am in the Meditation Chapel. **SpiritualDirection@thecasa.org** 

**Contemplation in the Desert** gathers in the Healing Garden on Mondays at 7 am. **CareforCreation@thecasa.org** 

**Cornerstone Contemplative Meditation** meets Wednesdays, 11:30 am – 12:30 pm, in the Spiritual Direction room between the Guadalupe and Tekakwitha conference rooms.

**Interfaith Healing Prayer Group** meets Fridays following 8 am Mass in the back of the church. Send prayer requests to **HealingPrayers@thecasa.org** 

**Men in Spirit.** Christian men meet on the first Saturday of the month at 8 am for breakfast in the dining room, followed by discussion. Zoom available. **MeninSpirit@thecasa.org** 

**Rosary Group** meets Tuesdays at 6 pm in the Meditation Chapel and on Zoom. Requests for meeting information, Zoom link, and prayer intentions, contact: **Rosary@thecasa.org** 

**Singles40plus** is a social group for singles, widows, widowers, and divorced individuals 40 or older. We meet on the second Friday. For more information, email us at **Singles40plus@thecasa.org.** 

**The Order of Secular Franciscans (OFS) Peace Fraternity** meets on the second Sunday of the month. This Canonical Order of the Catholic Church is open to lay Catholics. Contact: John Elder, OFS, at **johncelder@gmail.com** or 480.580.7750.

### Mass Intentions October 5 – 11, 2025

Sunday
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Marie McNamara	7:30 am
Elaine and James Bailey	9:15 am
Mara Jacons	11:00 am

### Monday

John Joseph Bailey 8:00 am

### Tuesday

Joseph Daubenas 8:00 am

### Wednesday

Jane Kaiser 8:00 am

### **Thursday**

Roberta Friesner 8:00 am

#### **Friday**

Dorothy Bashkingy 8:00 am

### Saturday

Brian Eubanks 4:00 pm

The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

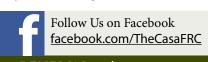
### **About the Franciscan Renewal Center**

The Franciscan Renewal Center, affectionately known as the Casa, is a Christ-centered, compassionate place where hearts are opened, lives are transformed, and the Spirit of God is encountered in profound ways. Founded in 1951 by the Order of Friars Minor, the Casa is rooted in Catholic tradition and the rich spiritual heritage of St. Francis and St. Clare of Assisi, whose lives of humility, simplicity, and deep love for Creation continue to inspire all.

Nestled in the beautiful Sonoran Desert on 25 acres of sacred grounds, the Casa offers a serene and prayerful environment for joyful worship with Franciscan friars; private, sponsored, and hosted retreats; and ministries that serve the poor, vulnerable, and marginalized. It welcomes seekers of all faiths who long for peace, love, belonging, and healing, and a deeper relationship with God, self, others, and the Earth.

Located in Scottsdale, Arizona, the Casa is part of and contributes to the 800-year Franciscan movement and the work of the Church in the world.

Discover more at thecasa.org.





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